

# Yoga is India's cultural treasure: Collector Lakshmisha

CP SV Rajasekhara Babu informs that NTR district set a world record with floating yoga session on Krishna River using watercraft

HANS NEWS SERVICE  
VIJAYAWADA

YOGA is the cultural treasure of India and daily yoga practice is essential for maintaining good health and well-being, said district Collector G Lakshmisha. He further stated that yoga fosters mental calmness and leads to a happy and healthy life, while addressing International yoga Day celebrations at Indira Gandhi Municipal Corporation (IGMC) stadium here on Saturday.

Several thousands of yoga lovers, students, government employees and others participated in the celebrations. Chief Commissioner of Land Administration (CCLA) Special Chief Secretary G Jayalakshmi, Vijayawada city Police Commissioner SV Rajasekhara Babu, Joint Collector S Ilakkiya, DCP KGV Saritha, former minister Peetala Sujatha, APNGO



Participants in the International Yoga Day celebrations at IGMC stadium in Vijayawada on Saturday  
Photo: Ch Venkata Mastan

State president A Vidyasagar, and others took part in Yoga Day celebrations. Collector Lakshmisha mentioned that for the past month, yoga sessions were held on Yoga Street in the city with the participation from various department officials, staff, voluntary organisations, the Yoga Association, yoga walk-

ers' groups, ex-servicemen, and people from different sections of society. He said around 8,50,000 people were trained in the city and practiced yoga as per the common yoga protocol during the past one month. He emphasised the need for yoga to become a part of everyone's life. He further

said yoga fosters mental calmness and leads to a happy and healthy life. He urged every employee to dedicate some time to yoga daily to boost immunity and improve blood circulation. Commissioner of Police (CP) SV Rajasekhara Babu stated that in honor of International Yoga Day, yoga

events were conducted for an entire month involving various themes and venues including on BRTS Road and other places like Kondapalli fort, Berm park etc. He said the NTR district set a world record with a floating yoga session on the Krishna River using watercraft. He urged everyone to incorporate yoga into their daily lives, adding that yoga helps relieve stress and brings mental peace.

Collector Dr G Lakshmisha presented certificates and mementos to yoga association members, who played key role in achieving the floating yoga world record and to district officials and staff who actively participated in the month-long yoga festival.

The month-long Yoga campaign conducted by NTR district administration and other associations ended on Saturday with a mega programme at IGMC stadium.

## Swarna Andhra – Swachh Andhra rally held

DEEKSHITULA  
SUBRAHMANYAM  
RAJAMAHENDRAVARAM

IN line with the directives of the State government, Swarna Andhra- Swachh Andhra initiative was organised with great enthusiasm on Saturday at Government Autonomous College, Rajamahendrapuram, under the leadership of Principal Dr Ramachandra RK.

As part of the programme, a rally, on the theme 'Neeru – Meeru', was conducted from Lalacheruvu to the college campus. Students and faculty actively participated in the rally, raising awareness about water conservation through impactful slogans and enthusiastic involvement.

Following the rally, a gathering was held at METCAF hostel, where Principal Ramachandra addressed students and faculty. He emphasised the importance of water conservation and stressed the collective responsibility



Government Autonomous College Principal Dr Ramachandra RK and students participating in Swarna Andhra – Swachh Andhra rally in Rajamahendrapuram on Saturday

ity to safeguard natural resources. Students displayed informative and creative posters as part of the awareness campaign.

A plantation drive was also carried out in the Miyawaki forest area, promoting green practices.

Swachh Andhra pledge was administered to the students by faculty members

Vijayashanthi and Durga Lakshmi, reinforcing the importance of maintaining cleanliness and sustainability.

The event was effectively coordinated by SASA Coordinator G Raviteja along with committee members. Subhashini Devi, Lt Isub Basa, Dr Mallikarjuna, Muralikrishna, Dr Bhavani, and Dr Anusha participated.

## Tulasi Seeds chairman's birthday celebrated

HANS NEWS SERVICE  
GUNTUR

THE birthday of renowned industrialist and chairman of Tulasi Group of Companies Tulasi Ramachandra Prabhu and his son Tulasi Krishna Chaitanya was celebrated at Yogi Bhavan in Arundelpet, Guntur city on Saturday.

Ramachandra Prabhu cut a cake in the presence of his sons Tulasi Yogish and Tulasi Krishna Chaitanya, and grandson Tulasi Aditya. Leaders of various political parties extended birthday greetings to Prabhu and wished Ramachandra Prabhu and Krishna Chaitanya to excel further as industrialists.

Guntur East MLA Md Naseer Ahmad, former MLC Dokka Manikya Vara Prasad, GGH Superintendent Dr Yasaswi Ramana and several corporators were



Political leaders presenting a sapling to Tulasi Ramachandra Rao on his birthday in Guntur on Saturday

among those, who participated in the celebrations.

On this occasion, Tulasi Ramachandra Prabhu said that he is feeling fortunate that June 21, which is also International Yoga Day, coincided with his birthday, and praised Prime Minister Narendra Modi for introducing yoga to the world

and spreading India's glory across the globe.

He said the Tulasi Group of Companies have provided employment to several people and has been offering scholarships to poor students for over 25 years. He assured more public welfare activities will continue in future.

## Int'l Yoga Day celebrated on Gandhi Hill

HANS NEWS SERVICE  
VIJAYAWADA

THE 11th International Yoga Day was celebrated with great enthusiasm at the Iconic Gandhi Hill in Vijayawada on Saturday. The event was organised by the 4(A) Girls Battalion NCC, Vijayawada, in collaboration with the Gandhi Hill Foundation.

Colonel Balinder Singh, Commanding Officer, 4(A) Girls Battalion NCC; Silpa, District Tourism Department officer; Y Rama Chandra Rao, Secretary, Gandhi Hill Foundation; Siva Sankar Kasturi, Treasurer, Gandhi Hill Foundation; Captain Sailaja and Captain Rohini Kusuma, ANOs, 4(A) Girls Battalion NCC; and others participated in the Yoga Day programme.

Over 300 girl cadets from various institutions, along with Associate NCC Officers (ANOs), Permanent Instructors (PI Staff), and Girl Cadet Instructors (GCIs), participated in the event. The cadets performed a wide range of yoga asanas, reflecting deep enthusiasm and alignment with this year's global theme – 'Yoga for One Earth, One Health'. A special planetar-



Girls Battalion NCC cadets and members participating in Yoga programme at Gandhi Hill in Vijayawada on Saturday

ium show was arranged for the participants, highlighting Gandhian philosophy, the principles of yoga, and India's rich cultural heritage. The celebration at Iconic Gandhi Hill served not only as a yoga practice session but also as a unique convergence

of physical wellness, mental harmony, and cultural reflection.

This event reaffirmed Gandhi Hill's growing identity as a center for heritage and wellness tourism in Andhra Pradesh, said the Gandhi Hill Foundation member.

## Int'l Yoga Day observed at police office

DEEKSHITULA  
SUBRAHMANYAM  
RAJAMAHENDRAVARAM

THE 11th International Yoga Day was celebrated at East Godavari district police office on Saturday under the joint aegis of the judicial and police departments.

A large number of officials and staff from both departments participated in the event, performing various yoga asanas. They actively participated in the yoga practice session, promoting the importance of both physical and mental wellness.

Principal District Judge of the erstwhile East Godavari district, Gandham Sunitha and Additional SP (Admin) NBM Murali Krishna, along with several judicial officers and police officials, attended the programme.

Speaking on the occasion, Judge Sunitha said this year's International Yoga Day was being observed with the theme 'Yoga for One Earth, One Health.' She highlighted that yoga is an integral part of India's rich cultural heritage and



Principal District Judge Gandham Sunitha, district Additional SP NBM Muralikrishna and others taking part in International Yoga Day event held at district police office in Rajamahendrapuram on Saturday

plays a vital role in achieving harmony between the body and mind. She added that yoga guides individuals towards a holistic, peaceful, and fulfilling lifestyle.

Additional SP Murali Krishna noted that yoga offers numerous mental and physical health benefits. He encouraged police personnel and other department staff, who often work under high pressure, to incorporate yoga into their daily routine to manage stress effectively.

Additional SP (AR) L Chenchireddy, DSP (AR) Ravikumar, and SB Inspector A Srinivasa Rao were also present.

# About 11 lakh people participated in 11th Int'l Yoga Day in Prakasam dist

NARESH NANDAM  
ONGOLE

ABOUT 11 lakh people from various walks of life, including students, officials, public representatives, professionals, and common people, participated in 11th International Yoga Day celebrations at nearly 6,500 locations across Prakasam district on Saturday. Ongole MP Magunta Srinivasulu Reddy, MLA Damacharla Janardhana Rao, Collector A Thameem Ansariya, Mayor Gangada Sujatha, and others participated in the district-level official programme held at Mini Stadium in Ongole.

Speaking on the occasion, MP Srinivasulu Reddy stressed that yoga is a practice that unifies soul, mind, and body, urging everyone to incorporate yoga into their daily lives for better health. He explained that the global celebration of International Yoga Day since June 21, 2014, was the result of Prime Minister Narendra Modi's vision to share yoga's greatness and benefits with people worldwide. He highlighted Chief Minister N Chandrababu Naidu's prestigious Yoga-



Prakasam district Collector A Thameem Ansariya, Ongole MP Magunta Srinivasulu Reddy, MLA Damacharla Janardhana Rao and others participating in the International Yoga Day celebrations in Ongole on Saturday

bringing exceptional yoga knowledge to common people and making everyone healthy. He noted that with two crore people participating in yoga programs across the State at 1.5 lakh locations, Andhra Pradesh was poised to achieve a Guinness World Record.

Collector Ansariya expressed special gratitude to officials from all departments, staff, public representatives, and yoga practitioners who contributed to the month-long Yogandhra festival in the district since May 21.

MLA Janardhana Rao mentioned that awareness about yoga's benefits was created among people across all regions of the state for a month following the Chief

Minister's directives. He emphasised the importance of daily yoga practice beyond this single day of celebration.

At the programme held at police parade grounds in Ongole, SP AR Damodar, DSP R Srinivasa Rao, and other police officials participated in the IYD 2025 celebrations. SP Damodar emphasised that yoga practice is one of the primary ways to maintain health without spending any money. He highlighted that yoga is an integral part of Indian culture and represents one of India's valuable gifts to the world. He explained that yoga is not merely about physical postures but encompasses techniques that create balance between body and mind, enhancing one's ability to face

life's challenges while improving health and concentration.

Additional District Judge T Rajyalakshmi, Additional District Judges T Raja Venkatadri, A Purnima, P Lalita, Principal Senior Civil Judge S Hemalatha, Junior Civil Judges, Bar Association President Boddhu Bhaskarao, Administrative Officer Prasanakumari, Superintendent Chakiri Sudhakar, senior advocates, and court staff participated at the celebrations of International Yoga Day in the District Court. The judicial officials underscored yoga's dual benefits of enhancing both physical wellness and mental resilience, reinforcing India's contribution to global health and wellness practices through this ancient discipline.

Andhra Kesari University Vice-Chancellor Prof DVR Murthy said that yoga programmes enhance longevity and health for people of all ages without the need for medications during the grand 'Yogandhra' programme organised at University campus. AKU Registrar Professor B Haribabu, Patanjali Yoga Center Director Dr Ravipati Prasad Rao, attended the celebrations as chief guests.

## Pranayama relieves stress

HANS NEWS SERVICE  
NARASARAOPET

YOGA trainer Kunisetty Janardhan said that practicing yoga and pranayama regularly is good for health and removes stress.

On International Yoga Day, under Janardhan's guidance, NSS, NCC cadets, students, lecturers and college staff practiced yoga

asanas and pranayama on the college ground on Saturday.

Narasaraopet College of Engineering chairman Mittapalli Venkata Koteswara Rao, principal Dr S Venkateswarlu, 23rd Battalion Subedar Ravindra, Havaldar Veeresh Chowdary, NCC officer Medikonda Rajesh, NSS programme officer Sridhar and others participated.

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**E-AUCTION SALE NOTICE**  
30 days Auction Sale Notice for Sale of Immovable Assets under the Securitisation and Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 read with provision to Rule 8 (6) of the Security Interest (Enforcement) Rules, 2002.  
On account of the amalgamation between Aditya Birla Finance Ltd. and Aditya Birla Capital Ltd. vide the Scheme of Amalgamation dated 11.03.2024 duly recorded in the Order passed by the National Company Law Tribunal - Ahmedabad on 24.03.2025, all SARFAESI actions initiated by Aditya Birla Finance Ltd. in relation to the mortgaged property mentioned, stands transferred to Aditya Birla Capital Ltd., the amalgamated company.  
Accordingly, the **Authorized Officer of Aditya Birla Capital Limited** / Secured Creditor has taken possession of the following secured assets pursuant to notice issued under Sec. 13(2) of Securitisation & Reconstruction of Financial Assets and Enforcement of Security Interest Act, 2002 (SARFAESI) for recovery of the secured debts of the secured creditor, for the dues as mentioned herein below with further charges and cost thereon from the following Borrowers and Co-Borrowers. Notice is hereby given to the public in general and in particular to the Borrowers and Co-Borrowers that e-auction of the following property for realization of the due to the **Aditya Birla Capital Limited** will be held on "As is where is", "As is what is" and "Whatever there is" basis.  
**DATE & TIME OF E-AUCTION : 25.07.2025, Between 11:00 A. M. To 01:00 P. M. LAST DATE OF RECEIPT OF KYC & EARNEST MONEY DEPOSIT (EMD) : 24.07.2025**

Sr. No.	Name of the Borrowers & Co-Borrowers	Description of Properties / Secured Assets and Date of Possession	Reserve Price (in Rs.)	Earnest Money Deposit (EMD) (in Rs.) / Incremental Value (in Rs.)	Demand Notice Date & Total Amt. (in Rs.)
1.	M/s. Singh Hotel Through Its Proprietor Kolli Durga Indu Latha,	An Extent Of 248 Sq. Yards Or 207.36 Sq.mts Of Residential Site Together With Rcc Roofed Ground And 1st Floor Residential Building Therein With All Rights Of Easement Situated In R/s No's 417/1 And 412/1 Of Nuzvidu Bearing Plot No. 64 On L.p No. 57/1998 Bearing Door No. 23-24/11/2, Asst. No.1071012314 Situated 23rd Block, Koppula Velampeta, Nuzvidu, Nuzvidu Municipal Corporation Area, Nuzvidu Mandal, Nuzvidu Sub Registrar, Krishna District (Old) Eluru, District (New), Being Bounded By: East : 30 Ft Width Of Road, South : Plot No. 65, West : Plot No. 56, North : Plot No.63.	Rs. 1,00,30,000/- (Rupees Ten Lacs And Three Thousand Only)	Rs. 10,03,000/- (Rupees Ten Lacs And Three Thousand Only)	13.12.2024 & Rs. 95,16,088.52 (Rupees Ninety Five Lakh Sixteen Thousand Eighty Eight And Fifty Two Paise Only) due as on 10.12.2024
2.	Kolli Durga Indu Latha (W/O Srinivasa Rao),		Rs. 25,000/- (Rs. Twenty Five Thousand Only)		

For detailed terms and conditions of the sale, please refer to the link provided in Aditya Birla Capital Limited / Secured Creditor's website i.e. <https://abfi.adityabirlacapital.com/Pages/Individual/Properties-for-Auction-under-SARFAESI-Act.aspx> or <https://BidDeal.in>  
Contact Nos.: Aditya Birla Capital Limited, Authorized Officer - 1) Mr. Apoorva Thomas Danthi - [apoorva.danthi@adityabirlacapital.com](mailto:apoorva.danthi@adityabirlacapital.com), M. No. 9930909725 You may also visit nearest Branch or contact Aditya Birla Finance Limited 2) Mr. Jahirul Laskar : ([Jahirul.Laskar@adityabirlacapital.com](mailto:Jahirul.Laskar@adityabirlacapital.com)) M. No. +91 97060 03075, 3) Parneet Singh : ([parneet.singh@adityabirlacapital.com](mailto:parneet.singh@adityabirlacapital.com)) M. No. +91 97200 29337, 4) Mr. Rajesh Virkar M. No. 73979 30232, 5) Mr. Srikanth : [srikanth.s@adityabirlacapital.com](mailto:srikanth.s@adityabirlacapital.com) - M. No. 98840 02027

Place : Krishna, Andhra Pradesh  
Date : 22.06.2025

Sd/-  
Authorised Officer  
Aditya Birla Capital Limited